

Trans-sexual Voice Questionnaire (TVQ) for Male-to-Female Trans-sexuals (MtF)

How to complete this Questionnaire:

- This questionnaire is designed as an aid in the assessment of the severity and impact of your Voice on your life.
- These are statements many people have used to describe their voice and the effects of their voice on their lives.
- Based on your actual experience of living as a female, please circle the response that indicates how frequently you experience the same symptoms.
- If you do not have a problem with your voice, please circle zero (0) in response to these statements.

1 - 4 Rating Scale

- 1 = Never or Rarely
2 = Sometimes
3 = Often
4 = Usually or Always

Situation	Frequency of Problem			
People have difficulty hearing me in a noisy room.	1	2	3	4
I feel anxious when I know I have to use my voice.	1	2	3	4
My voice makes me feel less feminine than I would like.	1	2	3	4
The pitch of my speaking voice is too low.	1	2	3	4
The pitch of my voice is unreliable.	1	2	3	4
My voice makes it hard for me to be identified as a woman.	1	2	3	4
When I speak the pitch of my voice does not vary enough.	1	2	3	4
I feel uncomfortable talking to friends, neighbours, and relatives because of my voice.	1	2	3	4
I avoid speaking in public because of my voice.	1	2	3	4

My voice sounds artificial.	1	2	3	4
I have to concentrate to make my voice sound the way I want it to sound.	1	2	3	4
I feel frustrated with trying to change my voice.	1	2	3	4
My voice difficulties restrict my social life.	1	2	3	4
When I am not paying attention my pitch goes down.	1	2	3	4
When I laugh I sound like a man.	1	2	3	4
My voice doesn't match my physical appearance.	1	2	3	4
I use a great deal of effort to produce my voice.	1	2	3	4
My voice gets tired quickly.	1	2	3	4
My voice restricts the sort of work I do.	1	2	3	4
I feel my voice does not reflect the 'true me'.	1	2	3	4
I am less outgoing because of my voice.	1	2	3	4
I feel self-conscious about how strangers perceive my voice.	1	2	3	4
My voice 'gives out' in the middle of speaking.	1	2	3	4
It distresses me when I'm perceived as a man because of my voice.	1	2	3	4
The pitch range of my speaking voice is restricted.	1	2	3	4

I feel discriminated against because of my voice.	1	2	3	4
TOTAL	_____			

Currently, my voice is:	<input type="checkbox"/> Very Female	<input type="checkbox"/> Somewhat Female	<input type="checkbox"/> Gender neutral	<input type="checkbox"/> Somewhat Male	<input type="checkbox"/> Very Male
My Ideal voice would sound:	<input type="checkbox"/> Very Female	<input type="checkbox"/> Somewhat Female	<input type="checkbox"/> Gender neutral	<input type="checkbox"/> Somewhat Male	<input type="checkbox"/> Very Male

Modified from:
 Dacakis, G., Davies, S., Oates, J., et al. (2013). "Development and preliminary evaluation of the transsexual voice questionnaire for male-to-female transsexuals." J Voice **27**(3): 312-320.

